

Alentejo Coast – Porto Covo to Sagres

FROM €4,000 PER COUPLE

The Rota Vicentina is a long distance path along the Alentejo Coast of Portugal. It comprises two routes the Historical Way and the Fishermans Trail. The Historical Way runs through the main towns and villages of south west Portugal. The Fishermans Trail is comprised of four sections in the Alentejo and five complementary circuits in the Algarve totalling 120km. The Fishermans Trail is a single track along the cliffs which can only be travelled by foot and is more demanding from a physical point of view.

Take yourself on a walk which can be as short as you like or as long as you like. Our Fishermans Trail journey gives you 70km of walking over 4 days followed by 3 days of rest and pampering in the south west of the Algarve.

The Fishermans Trail brings you amazing scenery with the sea and mighty cliffs as your travelling companions. You will come across some of the most beautiful mystical beaches in Portugal. Twenty species of birds nests in the cliffs along this coastline. You will see sea otters in their natural habitat. In spring the colours and smells of over 750 species of plants and flowers will confront you.

ITINERARY

DAY 1

- Lisbon to Porto Covo.
- Walk Porto Covo to Vilanova de Milfontes (20km).
- Accommodation at Três Marias.
- Dinner at Três Marias.

DAY 2

- Vilanova de Milfontes to Almogave (15km).
- Accommodation at Três Marias.
- Dinner at Três Marias.



DAY 3

- Almogave to Herdade do Touril (18 km).
- Dinner Herdade do Touril.
- Accommodation Herdade do Touril.

DAY 4

- Day trip to Aljezur and beaches.
- Dinner Herdade do Touril.
- Accommodation Herdade do Touril.

DAY 5

- Relax at Herdade do Touril.
- Enjoy a bike ride, a boat trip, fishing or scuba diving.
- Or enjoy a massage.
- All arranged by your hosts.
- Dinner at Herdade do Touril.

Day 6

- Herdade do Touril Odeceixe (22 km).
- Transport to Sagres.
- Accommodation Memmo Baleeira Resort.
- Spa and relaxation packages.



DAY 7

- Memmo Baleeira Resort.
- One spa treatment per person.

DAY 8

- One spa treatment per person.
- Dinner for two in Memmo Baleeira restaurant.

DAY 9

- Transport to Lisbon and your next CoolPortugal experience.

INCLUSIONS

- Two nights accommodation and breakfast Três Marias
- Two dinners at Três Marias (excluding beverages and subject to minimum numbers)
- Two dinners at a local restaurant if meals not available at Três Marias (excluding beverages)
- Three nights accommodation and breakfast Herdade do Touril
- Three dinners with wine at Herdade do Touril
- Choice of one activity per person on Day 5 at Herdade do Touril
- Three nights accommodation and breakfast at Memmo Baleeira Resort, Sagres
- Four days of guided walks (Day's 1,2,3 and 6)
- Packed lunch and drinks for walk days
- Transport to and from drop off and pick up points for walks
- Transport Lisbon to Porto Covo (Day 1)
- Transport Monchique to Lisbon (Day 9)
- Transport of luggage to Três Marias
- Transport of luggage from Três Marias to Herdade do Touril
- Transport from Herdade do Touril to Memmo Baleeira Resort
- Transport to and from Aljezur and beaches on Day 4
- One spa treatment per person over two days
- Three course meal at Memmo Baleeira Resort including wine



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